



Guelph Minor Softball Association

The Basics of Softball - Learning the Positions:

- Review the positions with all players
- Start with 1st Base, 2nd Base, Short Stop, 3rdBase, Pitcher, and Catcher
- Discuss important points of each position.
- Communicate name of each base and position
- Where the actual position stands in relation to the base
- Area to cover when ball is hit.
- Boundaries to cover
- Over emphasis to only cover their area.

Important factors to teach as the year progresses:

- What to do if ball is hit to their position. (Assume the play is throw to first base –other situations will come later)
- What to do if the ball is “not” hit to the player. What do they do? Where should they go?
- Importance of always paying attention to the batters and runners.
- Return back to position after each play.
- Discuss backing up other positions when ball is in play.
- Where to go when runners are running.
- When to hold the ball.

Discuss the basic concept of softball:

- Team on Defense –Team in the field
- Objective is to stop the batting team from scoring runs.
- Various ways to get outs.
- Team on Offense –Team batting.
- Objective is to hit the ball to get on base or advance runners.
- Get to the bases before the defense gets you out.
- Importance of running fast to the bases, and staying on the base.